JOIN 15TH ANNUAL WALKATHON

Join us for a walk, refreshments, and fun activities to fight hunger in the York area at our 15th Annual Walkathon. This free event is great for all ages and supports Jewish Family Services’ Project Manna and the Northeast Neighborhood Food Bank.

Activities, refreshments, face painting & complimentary Starbucks beverages provided.

Area organizations, groups, families and individuals are encouraged to join in this effort to bag hunger in the York area. Participants can register and create personal or team fundraising goals online at walk.jfsyork.org. Participants are encouraged to bring non-perishable food items to the event. Walkers will depart from Indian Rock Elementary School on May 1st at 9:45 am and return around 11:30 am for refreshments and activities. Youth are invited to participate in games and face painting provided by York College’s recreation class members following the walk. The S. Queen street branch of Starbucks will be there providing complimentary refreshments. All participants of the event will receive a walkathon memento.

“12% of York County residents live with food insecurity and 18% of those are children. We are called to respond to this growing need in our own backyards” stated Carol Miller, JFS Program and Development Director. JFS Project Manna is our response to hunger in York. It provides supplemental food to individuals and families who are economically stressed, and guidance to access benefits and local food resources. Our sister agency, the Northeast Neighborhood Food Bank provides food, clothing and support to some of the most food insecure in York County. All are invited to support this worthy cause by joining the walk on May 1st, donating non-perishable food items, or with a financial contribution. Event will be held rain or shine.

Visit walk.jfsyork.org or call 717.843.5011 for more information.

Youth Volunteer Opportunities

As summer approaches, encourage your youth to volunteer.

- Help with the 15th Annual Walkathon
- Serve a meal at Our Daily Bread
- Assist with Food Pantry – once a month
- Place flags on veterans grave sites - May 15-17
- Volunteer with the Memorial Day Veterans Service - May 29
- Visit older adult residential communities - once a month
- Assist with Shabbat planning and service at older adult residential communities - once a month
- Assist with special office projects

Sign up for our e-newsletter for events and volunteer opportunities.
Message from Joan Krechmer, Executive Director of JFS York.

When individuals and families in the York area are in need, JFS is ready to guide them from crisis to calm, from anguish to awareness, and from isolation to connection. Infused with Jewish values, our mission is to guide individuals and families, from all backgrounds, as they face life’s expected transitions and unexpected challenges. Many JFS clients are not Jewish, but all of them learn, through our actions, what it means to be Jewish, the beauty of our traditions, the strength of our commandments, and our commitment to tikkun olam, repair of the world.

As we look forward to celebrating Passover, I would like to extend warm wishes to everyone for the best of health, peace and prosperity.

Joan Krechmer, LCSW-G, CMC, NCG
Executive Director

JFS Introduces New Faces

Carol Miller joins us as Program and Development Director. Carol brings 20+ years of experience in not-for-profit agencies managing and directing volunteers, programs, and services. We are thrilled to have her enthusiasm and wealth of experience here at JFS. Carol would like to thank everyone at JFS, and especially the volunteers for their warm welcome. Carol can be reached at carol@jfsyork.org or 717.843.5011

Office Manager, Jessica Montour holds a Bachelor’s Degree in Communication Arts and brings her experience in marketing and office management to JFS. Jessica is responsible for overseeing the daily activity in the office and manages all social media and special event publications. Jessica can be reached at jmontour@jfsyork.org or 717.843.5011
Volunteer Opportunities

PROVIDE A RIDE
Become a volunteer driver for an older adult through our Staying Connected program.

SERVE A MEAL
Volunteer at Our Daily Bread soup kitchen in York city.

ADOPT AN OLDER ADULT
Serve as a friendly visitor or help with an activity such as baking or gardening.

STOCK OUR FOOD PANTRY
Be a volunteer shopper, couponer, and/or organize our Project Manna Food Pantry.

KNIT OR CROCHET
Join our Stitches of Love monthly meeting and knit warm weather items for area schools and charitable organizations at home and abroad.

HELP THE JFS OFFICE
Assist with bulk mailings including envelope stuffing and labeling.

PARTICIPATE IN SPECIAL EVENTS
Participate or volunteer at our annual WALKATHON against hunger, Memorial Day flag laying, and the Shabbat Services at local assisted living centers.

SHOWCASE YOUR TALENTS
Area photographers, artists, and others with unique talents are encouraged to share your talent with JFS.

MAKE A CALL
Contact our monthly program participants to confirm attendance and see if they need a ride.

As summer approaches, many of these opportunities can be a family affair. Please consider volunteering your time with JFS today.

Call 717-843-5011 or visit jfsyork.org

Upcoming Events

APRIL
Stitches of Love
April 14th 1:00 pm Temple Beth Israel

Men’s Think Tank
April 21st 11:30 am TBD

MAY
Annual Walkathon
May 1st 9:45 am York County Rail Trail
Meet at the Indian Rock Elementary School at 9:45 am to walk a 5-mile loop. More information on cover.

Our Daily Bread
May 5th 10:30 am-12:30 pm - Serve a meal at Our Daily Bread soup kitchen

June 2nd, 29th, and 30th 10:30 am-12:30 pm - Serve a meal at Our Daily Bread soup kitchen

Stitches of Love
June 9th 1:00 pm Temple Beth Israel

Men’s Think Tank
June 16th 11:30 am TBD

June 2nd, 29th, and 30th 10:30 am-12:30 pm - Serve a meal at Our Daily Bread soup kitchen

Stitches of Love
June 9th 1:00 pm Temple Beth Israel

Men’s Think Tank
June 16th 11:30 am TBD

Volunteer Spotlight

Meet Allen and Lore Britton
Allen and Lore have been volunteering all of their lives. Since their move the York area 11 years ago, the Britton’s have been volunteering with JFS. When asked why they volunteer, Lore stated “I just like to help people.” When not out on the hiking trails, Allen and Lore can be found stocking our Project Manna food pantry, or serving a meal at Our Daily Bread soup kitchen.

The Britton’s and all of the JFS volunteers are an integral part of the success of JFS. We appreciate and honor you!

To volunteer, call 717.843.5011

Men’s Think Tank
If you enjoy stimulating discussion of contemporary issues, this group is for you. Come meet the guys for lunch.

Meets third Thursday of each month

Stitches of Love
Knit with us — for a good cause. Help us make hats, mittens, scarves and sweaters that we donate to needy children and adults here in York and around the world. Beginners welcome!

Meets second Thursday of each month

Contact JFS for more information
GENERAL FUND
Supports all current Jewish Family Services programs and services including: Counseling, case management, community education and outreach.

To Barbie Bromberg, Michael Williams, Rose Wagner and Family In memory of Evelyn Williams by Ad Borger

To Phil Copeland In memory of your brother by Joan & Steve Krechmer

To Phil Copeland In memory of your brother by Mickey Zuckerman

To David Withers In memory of Mickie Singer. Our deepest sympathy by Colleagues of Jon Singer at Schulman IRB

To Bernice Moses In memory of your beloved husband Ben Moses by E.K. McConkey

To The Dear Family In memory of your beloved father and grandfather, Shia Dear by Marlene Denenberg

To Bernice Moses In memory of your husband Ben by Lauren, Peggy, Coleen & Doreen Clark

To Marie Heidlebaugh In memory of your mother Lil Ginsburg by Elayana & Marc Tarlow

To Dr. Edwin L. Lipsitz In your honor by Joe and Marge Gardiner

To Allen & Nancy Dameshek In memory of your beloved brother by Perla and Ivan Kranich

To Alyssa & Geoff Brown In honor of your new grandchild by Joan and Steve Wolf

To Bea Simkins Wishing you a speedy recovery by David and Jean Plessett

To Debbie and Jay Sherman In honor of your new grandchild by: Steve and Joan Krechmer Steven and Gloria Kanowitz

To Stephanie Rudly & Family In memory of your beloved mother, Eva Winston by Joan & Steve Wolf

To Renee Merklin & Ed Shuvin In memory of your mother by Lois Krechmer

To Olga Krause and Julie Borim In honor of Olga’s birthday and mazel tov on Julie and Olga’s new house by Gisele and David Axelrod

PROJECT MANNA
Sustains the JFS food pantry, known as Project Manna that helps individuals and families in need.

To Nina and Allan Birenberg Best wishes in your new home by Janice and Mark Illfelder

To Stephanie Rudly & Family In memory of your beloved mother, Eva Winston by Marlene Denenberg

To Annette Van Nostrand In memory of your brother by: Janice and Mark Illfelder Joan and Steve Wolf Sue and Elliott Weinstein

To Annette Van Nostrand Mazel Tov on your special birthday by Sue and Elliott Weinstein

STAYING CONNECTED
Provides escorted door-through-door services to older adults in the community by providing transportation to vital health care appointments and essential errands

To Barbie Bromberg, Michael Williams, Rose Wagner and Family In memory of Evelyn Williams by:

Mina Smotkin & Family
Jay & Debbie Sherman

ALLAN DAMESHEK FUND
This fund honors Allan Dameshek, former JCC executive director who helped found JFS as a separate agency in 1988, in response to growing community needs.

To Allan & Nancy Dameshek In memory of your beloved brother by:

Janice and Mark Illfelder
Ray, Debby and Fyzer Rosen
Rona Freireich
Steve and Joan Krechmer
Mina Smotkin & Family

JEREMY LOVE FUND
Supports JFS education mitzvah-oriented youth programs. Jeremy Love, son of Linda and Chuck Love, died at age 17 in 1994. He was an active member of
Encore Engagement

Jewish Family Services of York is privileged to be participating in a collaborative venture with SpiritTrust Lutheran and RSVP of the Capital Region to develop a fluid and flexible volunteer model for older adults. Funding for this project is from the Embracing Aging Initiative of the York County Community Foundation’s Hahn Home Fund.

This model features the creation of a central volunteer recruitment entry point. Volunteer orientation, training and ongoing educational opportunities will be collaborative, maximizing resources to provide excellent speakers. This new program will also focus on the changing needs of the volunteers and to be able to adapt their volunteer assignments and activities as needed. For example, the Staying Connected transportation program has opportunities for volunteers to be drivers as well as to be helping to coordinate volunteer driving assignments over the phone and checking in on riders who often live alone and have few social contacts.

Focus groups and surveys will be conducted to assess the barriers to volunteering. This will help in the development of innovative recruitment practices. Volunteer input is also important in the development of the educational curriculum. The volunteers will receive pertinent information to effectively prepare them for their volunteer work. Another benefit will be additional education volunteers will receive that can be applied to their own lives. For example: learning how to safely help someone in and out of a car, or fall prevention tips is helpful information for everyone to know.

Older adult volunteers will benefit from the new social engagement opportunities provided by the programs.

In addition, volunteers will benefit by enhancing their coping skills as their own health and abilities change and require adaptation.

A volunteer advisory council will meet quarterly to review progress, offer suggestions and provide feedback. Representing JFS on the advisory council are Darlene Kling, Carole Koch and Stuart Pullen. Serving from other agencies are David Burgess, Deborah Gutacker, Priscilla Hoffman and Donna Watkins. This group will provide guidance at every step of the development of Encore Engagement and will be ambassadors for the program.

Those interested in becoming a volunteer and being part of this exciting new initiative, contact Joan or Carol at JFS York 717-843-5011 or email info@jfsyork.org

Tribute Cards

Send a card with meaning.

Honor a friend, loved one, or celebrate a special occasion with a beautiful Tribute Card.

- Birthday
- Celebrations
- Graduation
- In Honor
- In Memorial
- And more

For a contribution of $10 or more, JFS will send a card to your loved one on your behalf.

For convenience, set up an account with JFS at: 717-843-5011

Temple Beth Israel and was dedicated to working with youth in TBI religious school as well as the larger York community.

HAG SAMEACH
Funds holiday and outreach programs.

EVELYN SAMUELSON SENIOR FUND
Supports work that enhances lives of older adults, honoring Evelyn M. Samuelsohn, a grocery business entrepreneur who died in 2007.

EMERGENCY FUND
Provides emergency financial assistance on a case-by-case basis.
Each year at the Seder, we ask the traditional four questions. And this year, in conjunction with MAZON: A Jewish Response to Hunger, we ask a fifth question to raise awareness about a particular hunger-related issue and spark important conversations around the seder table. This year, JFS turns our attention to currently serving military families and veterans experiencing food insecurity. All across the country, active members of our armed forces and veterans regularly turn to food pantries and distribution programs looking for help to feed themselves and their families.

While many emergency food providers have responded by developing specific and innovative programs to assist food insecure military families, most of these organizations are strapped by increasing demands for services in general and have limited capacity to address this population.

In addition, the data available on this unique group is limited or just not available. It’s important for our communities to better reach out, and accurate data is essential in doing that. Our public officials must do more to address this unacceptable and long-ignored problem. JFS will be focusing on this issue and ways to respond in the coming months.

This is a visual means of conveying our respect and appreciation to all of our fallen veterans who have given so much to preserve our freedom. Please consider volunteering with this meaningful activity in May. This is a great family and friends activity—days and times are flexible.

In conjunction with the flag laying, JFS is honored to coordinate the Annual Veterans Memorial Service at South Hill Cemetery on May 29 at 11:00 AM. This special event honors and remembers the service that our Jewish brothers and sisters have given for our country. Please bring your family and loved ones.

We are in need of volunteers to assist with the ceremony and flag laying. Please call 717.843.5011 for more information.
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Jessica Montour
Office Manager

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Are you a leader in the community and looking for a great way to give back? Join the JFS Board of Directors today. Call 717.843.5011 or email info@jfsyork.org
Helping people help themselves regardless of faith for over 25 years

BAG HUNGER? YES WE CAN!
MAY 1ST, 2016
9:45 AM - 12:00 PM
YORK COUNTY RAIL TRAIL
(5-Mile loop leaving from Indian Rock Elementary School)

Benefits JFS Project Manna and Northeast Neighborhood Food Bank

717.843.5011 | www.jfsyork.org
Sign up for our e-newsletter for news and upcoming events and volunteer opportunities.

FACE PAINTING | CHILDREN’S GAMES | STARBUCKS DRINKS | STAUFFER’S COOKIES | GRANOLA BARS FROM NFB | WATER PROVIDED BY SWARTZ & SONS DIST.

PARTICIPANTS WILL RECEIVE A WALKATHON MEMORABILIA.

WALK RAIN OR SHINE

Executive Sponsor:
2000 Hollywood Drive | York, PA 17403
717.843.5011 | www.jfsyork.org
Sign up for our e-newsletter for news and upcoming events and volunteer opportunities.

WALK JFSYORK.ORG

FIND US ON FACEBOOK @jfsofyork

Walk rain or shine

COMPLIMENTARY

Face Painting | Children’s Games | Starbucks Drinks
Stauffer’s Cookies | Granola Bars from NFB | Water provided by Swartz & Sons dist.

Participants will receive a walkathon memento.