

# September 2015

Is Hunger Awareness Month  
Fight Hunger with JFS!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>The last month to call your Senators and Representative. Fight Child and Senior hunger! Call <b>1 (888) 398-8702</b>.</p>		<p><b>1 September is Hunger Awareness month!</b> Here are some great ways to be active in fighting hunger.</p>	<p>2 Like our Facebook page and share with your friends <a href="https://www.facebook.com/jfsyork">https://www.facebook.com/jfsyork</a></p>	<p>3 Follow us @JFSofYork</p>	<p>4 <b>Hunger Action!</b> Visit our Facebook page and use the link to change your Facebook and Twitter.</p>	<p>5 <b>STAT-urday</b> Check our Facebook and Twitter to learn important statistics about hunger.</p>
<p><b>6 SNAP Challenge Sunday!</b> Try to spend only \$4.50 on your food today. Tweet your experience using #SNAPChallenge @JFSofYork</p>	<p><b>7 BOGO</b> Buy one, and give one! When you are shopping buy an item for your family and an item to donate!</p>	<p><b>8 Trade It Tuesday</b> At the store today trade out one sugary purchase for a jar of peanut butter to donate!</p>	<p><b>9 Stay Informed</b> Don't miss a thing sign up for the JFS E-news! <a href="http://jfsyork.org/">http://jfsyork.org/</a></p>	<p><b>10 \$13 Thursday</b> Donate \$13 — with this amount, we feed your neighbors in need.</p>	<p><b>11 Host a food drive!</b> Have a food drive at work or in your neighborhood.</p>	<p><b>12 This is Hunger Meet Normarose</b>  <a href="http://mazon.org/the-reality-of-hunger/this-is-hunger/normarose/">http://mazon.org/the-reality-of-hunger/this-is-hunger/normarose/</a></p>
<p><b>13 National Grandparents Day!</b> Make a donation in their honor to help reduce senior hunger. <b>Rosh HaShanah begins at sunset</b></p>	<p><b>14 MEAT the Need</b> Collect tuna, chicken beef, etc. <b>Giving has never been so easy.</b> <b>Rosh HaShanah</b></p>	<p><b>15 GO ORANGE DAY!</b> <b>Wear Orange and let people know it's Hunger Month.</b> <b>Rosh HaShanah</b></p>	<p><b>16 Pack a lunch, feed a bunch!</b> Pack your lunch and donate your lunch money to JFS or Northeast Neighborhood Association!</p>	<p><b>17 Trade It Thursday</b> This morning skip a fancy coffee and donate the savings because \$1 can do so much.</p>	<p><b>18 Donate \$18</b>  Food &amp; Fund Drive are all about having fun, raising funds and transforming lives!</p>	<p><b>19 This is Hunger Meet Dylan at</b>  <a href="http://mazon.org/the-reality-of-hunger/this-is-hunger/dylan/">http://mazon.org/the-reality-of-hunger/this-is-hunger/dylan/</a></p>
<p><b>20 SNAP Challenge Sunday!</b> Try to spend only \$4.50 on your food today. Tweet your experience using #SNAPChallenge @jfsyork</p>	<p><b>21 BOGO</b> Buy one, and give one! When you are shopping buy an item for your family and an item to donate!</p>	<p><b>22 Reflect on food insecurity.</b> How would it feel to question where your next meal will come from, if you will have a meal at all? <b>Yom Kippur begins at Sunset</b></p>	<p><b>23 Reflection</b> Reflect on your efforts to address hunger in our community.  <b>Yom Kippur</b></p>	<p><b>24 \$13 Thursday</b> Donate \$13 — with this amount, we feed your neighbors in need.</p>	<p><b>25 Pay It Forward Friday</b> How much did you spend on lunch today? Donate the same amount to help others.</p>	<p><b>26 This is Hunger Meet Whitney at</b>  <a href="http://mazon.org/the-reality-of-hunger/this-is-hunger/whitney/">http://mazon.org/the-reality-of-hunger/this-is-hunger/whitney/</a></p>
<p><b>27 Set and empty place at your table to remind you that 1 in 7 are food insecure.</b>  <b>Sukkot begins at sunset</b></p>	<p><b>28 Bountiful Harvest</b> Extra vegetables from your garden? Donate them to those in need.  <b>Sukkot</b></p>	<p><b>29 Thoughtful Tuesday</b>  Think about all the families you have helped in this Hunger Awareness month.</p>	<p><b>30 Choose Your Own Adventure:</b>  Tell us how YOU plan to fight to end hunger after September is over!</p>	<p><b>Donate needed food!</b>  </p>	<p><b>JFS Project Manna</b>  <a href="http://jfsyork.org/project-mannahunger/">http://jfsyork.org/project-mannahunger/</a></p>	<p><b>Northeast Neighborhood Association</b>  <a href="http://nenayork.kentybishop.net/">http://nenayork.kentybishop.net/</a></p>